



The Café Bliss October News

OCTOBER 2026 • A little bit of Sweden in Fountain Hills

October is getting delicious! Join us for a new Saturday breakfast buffet, two Swedish evenings, and our first afternoon fika. There's more café news and Halloween fun on page two.

Saturday mornings just got tastier 🌸

BREAKFAST BUFFET • \$25 per person

Starts Saturday October 10
Every Saturday • 7-10 a.m.

Come hungry and enjoy as much as you like! Our buffet includes mini croissants, mini burritos, mini quiches, mini muffins, mini scones, and mini chocolate croissants.

Help yourself to fresh fruit and yogurt cups with granola, too. Coffee, juice, and tea are all included.

Just come in and pay at the register when you arrive. Bring a friend and make Saturday morning a little more blissful!



A taste of Sweden

SWEDISH NIGHTS • \$39 per person

Thursday October 15 & October 22
5-7 p.m. on both evenings

Join us for three Swedish bruschettas, two desserts, and a lingonberry drink. A little Swedish flavor, a little sweetness, and time to enjoy good company!

Book your tickets in advance on our homepage:

www.CafeBlissFH.com

Or buy at the café. Spots are limited, so book early!

Time for afternoon fika 🌸

AFTERNOON FIKA • \$29 per person

Wednesday October 21 • 2-4 p.m.

Slow down for the Swedish tradition of coffee, something sweet, and time together. Enjoy coffee and tea as much as you like, with a pastry tower filled with all kinds of goodies.

Pre-book on our homepage or buy at the café.

Event information & tickets on our homepage:

www.CafeBlissFH.com

Café Bliss

CafeBlissFH.com • 602-520-3491

16425 E. Palisades Blvd., Suites 101-102 • Fountain Hills, AZ



More October News

NEW FLAVORS • HALLOWEEN FUN • COMMUNITY

New flavors, Halloween treats, a beautiful new suite and Rocktober fun. Here's what's happening this month!

Savory crêpes are coming

COMING DURING OCTOBER

We're adding savory crêpes to the menu! We'll begin with a couple of different flavors, and if you love them, we'll create more.

Served with your choice of a side of fruit or a side of salad - the Bliss way.

A little spooky and a lot sweet

HALLOWEEN WEEK AT CAFÉ BLISS

During the last week leading up to Halloween, stop in for pumpkin-flavored lattes and spider cookies.

Saturday October 31: Wear a costume and get a FREE spider cookie!

Dress up and visit us any time during café opening hours to enjoy your free spider cookie!



Rocktober is here 🌼

WITH THE CHILL IN THE HILLS PODCAST

We've hidden rocks around Fountain Hills! Find one and bring it to Café Bliss, P39 Apothecary & Gifts, or Chill Boutique to enter our raffle.

Turn in one rock at each location: find three rocks and earn up to THREE raffle tickets!

All October • Winner drawn November 1

Come see our new suite

A BEAUTIFUL PLACE TO GATHER

Come see our new suite and beautiful wall mural! Laura, the muralist, created this lovely artwork for Café Bliss.

Come for coffee, stay for a chat, and enjoy this welcoming space.



Rent the New Café Bliss Suite

PRIVATE SPACE FOR YOUR NEXT EVENT

Looking for a charming space for your next gathering? Our new Café Bliss suite is now available for private rentals!

Perfect for meetings, celebrations, showers and small parties. Enjoy your own private space next door to Café Bliss, with the option to add delicious Café Bliss catering.

Ask us at the café for availability, pricing and catering options.

Let's stay connected 🌼

Facebook: @CafeBlissFH

Instagram: @CafeBlissFH

Follow the Chill in the Hills Podcast for local stories and Fountain Hills fun. Find the podcast on YouTube, too!

That's all for now! We hope you enjoyed this peek at what's happening in October. We'd love to see you at Café Bliss this month! Spread the word to friends and family—we're here to serve our community, and we love welcoming you all.

Have a great ROCKtober!

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